



## MCKV Institute of Engineering

MCKV Institute of Engineering in association with 'RCMCKVIE' (Rotaract Club of MCKV Institute of Engineering) and National Service Scheme (NSS) celebrated Yoga Day to spread awareness about yoga and emphasize the importance of physical and mental well-being. The session was guided through by a prominent yoga and meditation practitioner namely Dr. Janardan Ghosh, who has been teaching Yoga for more than 20 years and is also a trainer in Yoga Camp of Belur Math.

[www.mckvie.edu.in](http://www.mckvie.edu.in)



